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# Session to session transfer learning using regularized four parameters common spatial pattern method

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## **ABSTRACT**

Brain computer interface (BCI) has many useful applications to help disabled people that have an active brain with difficulties in movements and speaking. One of these applications is the wheelchair, this device is operated always by just one user no sharing or borrowing the device. One-user applications need features extraction methods with high classification accuracy and small training datasets, the variability of the subjects' mood during the recorded sessions and the tiredness during the long sessions are serious problems that affect the classification accuracy in these applications. Transfer learning can solve the problem, by recording short and separated sessions for the same subject in different training times or days. The proposed method in this paper uses motor imagery (MI) signals from different recorded sessions by one user to build an acceptable size training dataset. To regularize different recording sessions, four tuning parameters that are independent from each other are generated using a loop, these parameters are used to find the ratios of the covariance matrices. The suggested method gives very good performance using a different number of training samples compared with six different common spatial patterns (CSP) methods using only two channels.

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## 1. INTRODUCTION

Brain activities of any person could be recorded using two types of methods non invasive or invasive. The non-invasive methods use channeles attached to the scalp of the user. Different channels of the recorded signal can be used to extract features by using different methods such as power of the signals directly or combined with other methods [1]. Spatial filters are one of theses features extraction methods. Ramoser *et al.* [2] used common spatial patterns (CSP) to extract motor imagery (MI) features. Conventional CSP is a user or session dependening method, where there is no information about other users or sessions that added to the training-dataset. Wang *et al.* [3] and Cao *et al.* [4] used the classic CSP in a hybrid wheelchair control system each one with different number of commands.

Černý and Šťastný [5] applied CSP on finger movement instead of hand movement. Sun *et al.* [6] used CSP and support vector machine (SVM) in online experiment. Classic CSP gives poor classification accuracy when the training data set is small. Pan *et al.* [7] used the same principles of CSP but with the frequency domain signals extracted from only two channels named as common frequency pattern (CFP). Modifications and improvements are made to increase the classification accuracy. Xygonakis *et al.* [8] extracted the spatial filter from more than one region named as regions of interest. Park and Chung [9]

divided the head area into sub-areas each one centered by a channel, they found the best region to find the spatial filter of CSP.

Lv and Liu [10] selected the best channels to be used to find the spatial filter of CSP using binary particle swarm optimization (BPSO). Wang *et al.* [11] proposed a modification in the features extraction method of CSP and used it in frequency domain instead of the time domain to decrease the time consumed in extracting features. Zhang *et al.* [12] used wavelet analysis to enhance the signal while Gouy-Pailler *et al.* [13] used independent component analysis (ICA) before applying CSP. Mousavi *et al.* [14] extracted the frequency of interest using wavelet transfer analysis then used the signals to extract the spatial filter of CSP, while Robinson *et al.* [15] used only the useful components after clearing all the unneeded ones to use the reconstructed signal as input signal to CSP filter. Ang *et al.* [16] divided the frequency band into multiple frequency banks each one used to find the spatial filter and features then applied to different classifiers their method named as filter bank CSP (FBCSP), while Novi *et al.* [17] applied the sub-bands to the same classifier this method named as sub band CSP (SBCSP).

Kumar and Sharma [18] used the meta-heuristic algorithms to find the best frequency range and band-pass filter order that will give the best accuracy of classification. Ge *et al.* [19] used fusion features time domain and CSP features. Song and Yoon [20] introduced adaptive CSP by measuring the similarity between the training data and the new data to improve the spatial filter. Higashi and Tanaka [21] optimized the parameters and window size that used in calculating CSP filter. To increase the separability a complexity index is used by Li *et al.* [22] in calculating CSP spatial filter. To increase the robustness of the features Samek *et al.* [23] combined CSP with Tikhonov regularization method to produce stationary measure using CSP method.

To improve the accuracy of the classification and to overcome the lack of training-dataset problem, some researchers proposed a regularized CSP (RCSP) method. The regularization is done in two ways either on the objective functions or on the covariance matrices [24]. The regularization of covariance matricies is done by adding more information from other subjects or sessions beside the target ones. Lu *et al.* [25] proposed the RCSP with generic learning (RCSPGL). RCSPGL uses data from a subjects' population to increase the training dataset size. Lu *et al.* [26] used aggregation to choose the shrinking parameters of RCSPGL. Shin *et al.* [27] used RCSP method to classify the human moods. Yuksel and Olmez [28] emphased the channels that are close to the imagery area using spatially regularizing CSP method.

Li et al. [29] improved RCSP method by using statistical dependency method to extract features instead of variances. Lotte and Guan [24] proposed four different features extraction algorithms one of them is the RCSP with selected subject (SSRCSP). SSRCSP uses data from selected subjects or session, not from all of the population. Lotte and Guan [30] regularized the objective function using Laplacian penalty that produce smooth spatial filter. Park et al. [31] used the same method as FBCSP but with RCSP instead of CSP. Li and Wang [32] introduced two smoothing algorithms, the first used Gaussian prior and the other used ridge penalty function. Both are used to RCSP method in the objective function.

Cheng et al. [33] developed subject to subject transfer learning by RCSP, by finding the weights of the most similar subject to calculate the spatial filter. Alhakeem and Ali [34] used a combination of both RCSP and ICA to improve the accuracy of session to session transfer learning of MI data. Xu et al. [35] used cosine similarities between the source and the target subject, they proposed iteration CSP method to find the most suitable subject to fine the spatial filter. Kang et al. [36] developed two methods to find the composite CSP (CCSP) to increase the accuracy percentage of the classifiers. An adaptive session to session extreme learning machine is proposed by Bamdadian et al. [37] to improve the classification accuracy. Cho et al. [38] studied the effect of the background noise, they found that removing the background noises while working will reduce the needed training time.

Some researchers proposed algorithms based on CSP to classify multiclass rather than the previously mentioned ones which they are binary class only. Wu *et al.* [39] used multiple binary class CSP with one versus the rest algorithm to expand the binary class CSP to multiclass one. Grosse-Wentrup and Buss [40] used joint approximate diagonalization (JAD) with CSP to obtain multiclass CSP. Sun proposed a multiclass CSP by dividing the frequency range in to sub-ranges then find the spatial filter of multiple binary problems for each sub-range [41]. In one subject brain computer interface (BCI) applications such as wheelchair control, there is different recording sessions could be used as a regularizing dataset to increase the training trials numbers instead of using one day recordings. The proposed method uses four tuning parameters that represented the ratios of the covariance matrices that are used in spatial filters extraction.

## 2. RESEARCH METHOD AND DATASET

## 2.1. Four-parameter regularized common spatial pattern

There are many types of CSP methods starting from the traditional [2], this type depend only on the training set of the target no information of others or the old state of training. Two methods are proposed [34] named as CCSP, this method used two different ways to calculate the weights that refer to the importance of the

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covariance matrix. Other methods are proposed to regularize the covariance matrices each in its own way. RCSPGL [25] in this method a population of training data from other users are used and two shrinking parameters that will refer to the ratios of the covariance matrices. While the SSRCSP method that proposed [24] it works by selecting the most fitted subject for training even if there is a big group of subjects or enough data for training. This process is done by discarding the subjects that give useless information and keep the useful ones.

In the proposed method the covariance matrices are determined just like the traditional CSP method. As the following, the normalized covariance matrix is determined from the data matrix E, which is here the data of different channels over time, for each class i and trial j:

$$C_{ij} = \frac{E_{ij}E_{ij}^T}{trace(E_{ij}E_{ij}^T)} \tag{1}$$

For N training trials the average covariance matrix is of class i:

$$CN_i = \frac{1}{N} \sum_{j=1}^{N} C_{ij} \tag{2}$$

where N is the training trials number, I is 1, or 2 depending on the choosen class (1 or 2), j is 1, ..., N (number of trails), trace: is the summation of the diagonal elements in square matrix. The covariance matrices are as:

$$\widetilde{CN}_{l} = a_{1}CN_{i(target)} + a_{2}CN_{i(training)}$$
(3)

$$\widehat{CN}_{I} = a_{3}\widehat{CN}_{I} + a_{4}I \tag{4}$$

where  $a_1$ ,  $a_2$ ,  $a_3$ , and  $a_4$  are the tuning parameters, all of them belong to the period [0, 1] with a condition which is all parameters could not be zero at the same time. This condition is made to prevent the matrices from vanishing by multiplying them by a zero parameter.

The first phase has two parameters  $a_1$  and  $a_2$  as shown in (3), they will define the ratio of the covariance matrix whether it go forward the training covariance matrix or to the target one. These parameters are not complemented and independent of each other so shrinking one matrix will not lead to enlarge the other and decrease its effect on the classification accuracy. The second phase in (4) has two parameters also these will give us two matrices one is a ratio of the identity matrix and the other is a ratio of the first phase resultant matrix, the parameters are not the complement of each other as we mentioned before and not dependent on the first two parameters. This condition will give us four matrices that each one has a portion of the target user, the other users and the identity matrix all that will give better extraction of different features to be classified later. To prevent the matrices from vanishing no two parameters in the same phase should be zero at the same time. After calculating the covariance matrices, the composite covariance matrix for two classes defined as (5):

$$sum = \sum_{i=1}^{2} \widehat{CN}_{i}$$
 (5)

Then sum is factorized as (6):

$$sum = U\lambda U^T \tag{6}$$

The whitening transformation is determined as (7):

$$P = \frac{1}{\sqrt{2}}U^T \tag{7}$$

The whitened  $sum_i$  is as (8):

$$\widetilde{sum}_{l} = P \ \widehat{CN}_{l} P^{T} \tag{8}$$

The factorization of is as (9):

$$\widetilde{sum}_{l} = B \lambda_{l} B^{T} \tag{9}$$

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The full projection matrix is as (10):

$$\widetilde{W} = B^T P \tag{10}$$

Select the first and last Q columns to produce the projection matrix W:

$$f = WE \tag{11}$$

The features are:

$$\tilde{f} = \log \frac{var(f)}{\sum var(f)} \tag{12}$$

## 2.2. Support vector machine classifier [42]

SVM is one of the most popular classifiers. In this classifier there is a separation hyper-plane separate the members of two classes, Figure 1 shows the details of the SVM classifier. In linearly separable cases SVM maximize the distance between margins. This is formulated in (13):

$$y_i(x_i - w + b) - 1 \ge 0$$
, for all *i* (13)

where  $x_i$  is the features and  $y_i$  is the classes of them. Linear Kernel SVM classifier is used in this work, this Kernel is suitable for the number of features and number of training trails that used.

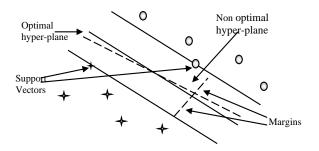


Figure 1. SVM classifier (separable case)

## 2.3. Datasets

#### 2.3.1. Dataset I

This dataset is provided by Dr Cichocki's Lab [43] which is recorded for MI signal, multi-user, and multiple-sessions for one user. This dataset is recorded by using two recording devices which they are (Neuroscan and g.tec). The sampling frequencies of them are 256 and 250 Hz respectively. The data is recorded using different number of channels which they are five (C3, C43, Cp3, Cp4, and Cz), six (C3, Cp3, Cz, Cpz, C4, and Fp4) and fourteen channels (C1, C2, C3, C4, C5, C6, Cz, Cpz, Cp1, Cp2, Cp3, Fp1, Fp2, and Fp3). Three classes are left-hand, right-hand, and both feet are used to record data for eight different healthy subjects mentioned in the dataset as (a, b, c, d, e, and h). In this work, only two classes are used imagining the movement of left and right hands, if the data recorded for three classes, we use left-hand and right-hand classes only. Our method focused only on signals from two channels C3 and C4 which they are close to the motor cortex area in the brain, therefore, the signals from the other channels are ignored.

## 2.3.2. Dataset II

This dataset is recorded by the one of authors with three volunteers, who they are healthy people. Each one labelled by the first letter of the his/her name (A, H, and Z) all of them have no mental disease and record these signals for the first time they all have healthy or corrected eyesight. The same recording protocol [43] is used also. Two classes are recorded which they are the left-hand class and right-hand class. The experiment take place in an ordinary room environment using OPENBCI recording device, 16-channels which they are (C3, C4, Cz, O1, O2, Oz, P3, P4, Pz, T7, T8, F3, F4, Fp1, Fp2, and Fpz) and 125 Hz as a sampling frequency. Multiple-sessions are recorded by each user, only C3 and C4 channels are used in the experiments and all other channels are dropped from the experiment.

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#### 2.4. Evaluation method

The accuracy is the most suitable method to evaluate the performance of balanced datasets. The balance dataset means number of classes are equal for each one. The standard deviation is used to find the divergence of the results from their average:

$$Accuracy = \frac{number\ of\ true\ classified\ samples}{total\ umber\ of\ samples} \tag{14}$$

Standard Deviation = 
$$\sqrt{\frac{\sum_{i=1}^{N}(x_i-\bar{x})^2}{N-1}}$$
 (15)

where N is the number of samples, xi is the tested sample and  $\bar{x}$  is the average of the samples.

## 3. RESULTS AND DISCUSSION

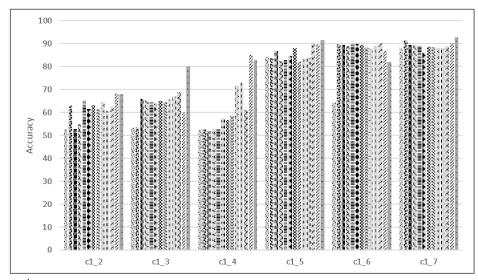
FPRCSP method is used to extract the features from both dataset-I and dataset-II that previously discussed in subsection 2.3. As this work studies the effects of adding new recorded sessions and the number of them on the accuracy of classification. Linear Kernel SVM is used as a classifier, because of the small features vector, no need to complex Kernel of SVM classifier. The average accuracy is taken for ten runs to overcome any randomness in initial values, the standard deviation of the runs is taken too. The data set silted in to training set and testing set each one is different from the other. As a data preprocessing step, the signals are filtered using band-pass filter in the range of alpha and beta activity frequency range of the brain, which is 7-30 Hz. All the tuning parameters that used in FPRCSP which they are  $(a_1, a_2, a_3, and a_4)$  generated by using simple loops within the period [0,1] with step =0.1.

To show the results of changing the sizes of training-set and the effect of adding new session on the accuracy, subject-c/dataset-I is used in this experiment. Seven sessions are recorded each in different day are used to show the effect of adding new sessions to the training-set. The sessions are divided as the following the new session is always the target one and the old are the generic (e.g., session c1-4 means that the first three sessions (1, 2, and 3) are the generic training-data and the fourth one (session 4) is the target session). Figure 2 shows that when the sessions are few (from two to four sessions) the number of trails will not improve the classification accuracy unless it is relatively high (40 to 50 trails). This means that the subject did not train well to generate a powerful signal to be classified using low number of trails. After the fifth day of recording the accuracy starting to improve to reach more than 80% using whatever the number of trials that used. Now what is the effect one the training-set size? The answer is that, the training set size equals to number of trails (N)×number of sessions (i.e., if there are five sessions each one of N=50 the training-set size is  $50 \times 5 = 250$  trails) when the data increases the old data will be unuseful and could be discarded to keep the training-set updated and as small as possible.

To compare the performance of the proposed method, the results of FPRCSP are compared with seven other methods which are (CSP, CCSP1, CCSP2, RCSPDL, RCSPGL, SSRCSP, and ICA\_RCSP). The results of this comparison are shown in Tables 1-3, the comparison is done with other methods using different number of trails. Some results appeared as NaN which means that there is a zero division is some cases FPRCSP is not suffer from dividing by zero problem because there is no parameter in the denominator could be zero at all. From Tables 1 and 2 it is obvious that FPRCSP method give better results after adding the data of four days and above and the results of the classification using different number of trails per session which they are in the tables (12 and 20 trails), besides that the average classification accuracy is the best amount the other methods.

In Table 3 the number of trails is 50 from each session, because the data starting to be enough to extract good features from only two sessions and above, the accuracy increased from about 80 to 92%. Fifty trails from each session are not very big number of trails that will make the user tried to reduce the power of the recorded signals and will not make the dataset very bit to be unseparable using SVM classifier. The overall number of trails will be is the seven sessions are used is  $50 \times 7 = 350$  trail only giving 92% classification accuracy.

The results of subject c/dataset I and subject z/dataset II are shown in Figure 3, the data are recorded during different 5 sessions for only two classes. The comparison is done among different CSP methods using number of training trails (N=40) from each session. FPRCSP method still has the best result among all other methods that compared with. Table 4 shows the results of subject A/dataset II the comparison is done for (N=20) trials per session. Both subjects A and subject Z have recorded the signals for the first time, both have no experience of motor imagination. Figure 4 shows the result of testing FPRCSP method using subject-to-subject transfer learning using (N=50) trails per subject each one is the target subject and the other are the rest populations.



\*Each bar in this figure represents the results of training data that collected from the labelled sessions and the last one is the target

Figure 2. A comparison according to the classification accuracy of FPRCSP method using different training datasets' sizes of subject\_c/dataset\_I

Table 1. A comparison according to classification accuracy of subject\_c/dataset\_I when using 12 trails from

each session CCSP1 RCSPDL RCSPGL Method **CSP** CCSP2 SSRCSP ICA\_RCSP **FRCSP** Session method method method method method method method method Sessions c1\_2 54.347 71.014 71.014 53.623 71.014 71.014 67.173 61.594 Sessions c1 3 46.296 65.740 55.555 63.888 NaN NaN NaN NaN Sessions c1\_4 20.370 50 50.925 50 50.925 NaN 62.129 57.407 Sessions c1\_5 58.333 75.694 76.388 67.361 81.944 75.694 82.152 84.722 85.227 Sessions c1\_6 NAN NaN 88.636 NaN NaN 83.181 89.772 62.037 91.666 91.666 63.888 88.888 NaN 78,703 86.111 Sessions c1 7 Average accuracy 58.910 72.093 65.091 64.875 73.8878 73.354 71.482 73.916 Standard deviation 23.298 14.877 9.6528 12.3853 15.136 2.3399 10.5085 13.177

Table 2. A comparison according to classification accuracy of subject\_c/dataset\_I when using 20 trails from

each session Method **CSP** CCSP1 CCSP2 **RCSPDL RCSPGL** SSRCSP ICA\_RCSP FRCSP Session method method method method method method method method Sessions c1\_2 51.538 52.307 52.307 53.076 52.307 52.307 65.384 60.7692 Sessions c1\_3 42 NAN NaN 44 NaN NaN 50 **67** Sessions c1 4 50 50 50 50 50 NaN 57 **73** 83.8235 31.617 74.264 77.205 69.852 77.205 77.205 74.558 Sessions c1\_5 Sessions c1\_6 87.50 NaN NaN 90 NaN NaN 76.25 88.75 82 83 92 Sessions c1\_7 83 63 NaN 85.10 88 60.628 64.988 67.878 76.8904 Average accuracy 57,4426 64.893 64.756 68.048 Standard deviation 20.4212 14.105 10.7544 17.2274 17.5423 12.449 11.9395 10.6847

Table 3. A comparison according to classification accuracy of subject\_c/dataset\_I when using 50 trails from each session

each session										
	Method	CSP	CCSP1	CCSP2	RCSPDL	RCSPGL	SSRCSP	ICA_RCSP	FRCSP	
Session		method	method							
c1_2		67	77	77	79	77	77	54.30	68	
c1_3		48.571	55.714	55.714	54.285	55.714	58.571	17.428	80	
c1_4		81.428	82.857	82.857	82.857	82.857	82.857	40	82.857	
c1_5		83.962	92.452	92.452	80.188	92.452	92.452	49.528	91.509	
c1_6		86	90	90	90	90	NaN	62	82	
c1_7		91.428	95.714	94.285	95.714	95.714	94.285	49.428	92.857	
Average		76.3984	82.2897	82.0516	80.3409	82.2897	81.033	45.447	82.870	
Standard deviation	on	14.5102	13.4009	13.1710	13.0170	13.4009	12.8853	14.139	8.21068	

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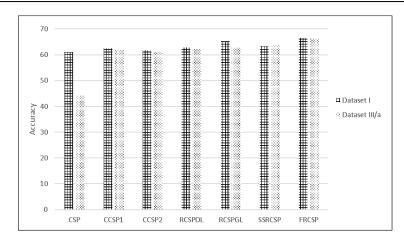


Figure 3. A comparison according to classification accuracy of subject\_c/dataset\_I and subject when using 40 trails from each session

Table 4. A comparison among different CSP methods using subject\_a/dataset\_II with N=20

Method	CSP	CCSP1	CCSP2	RCSPDL	RCSPGL	SSRCSP	FPRCSP
Session	method	method	method	method	method	method	method
Sessions A1_2	43.333	50	50	53.333	53.333	50	56.667
Sessions A1_3	46.666	50	50	50	50	50	50
Accuracy average	45	50	50	51.6665	51.6665	50	53.335
Standard deviation	1.666	0	0	1.6665	1.6665	0	3.335

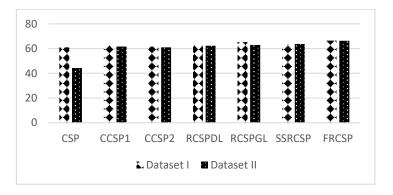


Figure 4. A comparison among different CSP methods using the data of 6 subjects from dataset\_I and 3 subjects from dataset\_II with N=50 according to accuracy

## 4. CONCLUSION

Transfer learning such as (session-to-session) is very important when a single user BCI applications, when there is no enough data to train the model, such applications are used by only one person so no need to train the model using other users' data such as wheelchairs control. FPRCSP method based on regularizing the subjects' data on different sessions, because the mode and attention the subject differ from time to time and from day to day. To achieve good performance according to the accuracy of classification electroencephalography (EEG) signals over multi-sessions for single user or multi-user in different sessions, tuning parameters are used to take ratios from different covariance matrices, four of them are used in this work. FPRCSP is applied to both subject-to-subject and session-to-session transfer learning.

Although the results of (session-to-session) transfer learning is better than (subject-to-subject) transfer learning according to the classification accuracy, the results of inter-subject are acceptable also as it is shown previously. Some methods such as (CSP, CCSP1, CCSP2, RCSPDL, RCSPGL, SSRCSP, and ICA\_RCSP) are special cases of FPRCSP so no need to take time to choose one of these methods in feature extraction phase instead using FPRCSP will do the work in most cases. Adding a fresh recording session will increase the accuracy of the classification. For future work a method should be found to exactly choose the tuning parameters.

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